

Cole Rehbein

✉ cole@cole.press  [colerehbein](https://github.com/colerehbein)  cole.press

Professional Summary

Crisis counselor on the 988 Suicide & Crisis Lifeline network and clinical psychology researcher. Telephone and chat/text crisis intervention since January 2025; three-plus years of clinical experience in Northern New Mexico. M.S. in clinical/counseling psychology, New Mexico Highlands University (July 2026). Conversational Spanish (Br). Research and writing in R, Quarto, and LaTeX.

Education

New Mexico Highlands University, M.S. Clinical/Counseling Psychology July 2026

Thesis: The effectiveness of a brief, mindfulness-based behavioral activation intervention for college students with depression (complete, July 2026)

Advisor: Dr. David Pan

St. John's College, Santa Fe, B.A. Philosophy and History of Math and Science 2019

Minors: Classical Studies, Comparative Literature

Senior Paper: The Internally Determined Self: Spinoza's *Ethics* as a remedy for postmodernity's identity crisis

Clinical Experience

New Mexico Behavioral Health Institute

Clinical Psychology Intern 2022-2023

Responsibilities: Performed cognitive, neuropsychological, and intelligence tests as part of intakes and treatment planning. Assisted with group and individual therapies using brief Acceptance and Commitment Therapy (ACT) and mindfulness interventions, with a focus on people with schizophrenia-spectrum disorders.

Supervisor: Dr. Mathias Stricherz

New Mexico Highlands University

Intervention work for thesis Fall 2023

Responsibilities: Recruited for and conducted a brief, mindfulness-based behavioral activation intervention for college students with depression.

Supervisor: Dr. David Pan

Counseling ABQ

Counseling Intern January-August, 2024

Responsibilities: Provided comprehensive biopsychosocial intake assessments for new clients to the practice and diagnostic consultation to their ongoing therapists; provided ongoing counseling for clients working on depression, ADHD, and mandated anger management treatment.

Supervisor: Denise Decker, LMSW

Employment

RELEVANT WORK EXPERIENCE

Protocall Services

Crisis and Access Specialist

January 2025-present

Responsibilities: Providing crisis triage, intervention, and referral services via phone and chat/text for Protocall's business partners, including New Mexico 988, the New Mexico Crisis and Access Line, and the National Suicide and Prevention Lifeline Backup Network.

Supervisor: Patricia Bain

New Mexico Highlands University

Graduate Assistant for Memory and Cognition Class

Fall 2023

Responsibilities: Participated as an embedded TA twice a week with discussion-based classes, and led class during the professor's absences.

Supervisor: Dr. Thomas R. Brooks

Graduate Assistant for Undergraduate Research Methods Class

Fall 2023

Responsibilities: Assisted with undergraduate writing and research design.

Supervisor: Dr. Daniel Chadborn

Graduate Assistant for Human Connections Lab

Spring 2022

Responsibilities: Managed a section of Dr. Brooks' Human Connections Lab that developed several studies investigating the relationships between video game exposure and various social psych factors.

Supervisor: Dr. Thomas R. Brooks

Teaching Assistant for First-Year Learning Community

Fall 2022

Responsibilities: Focused on the psychology component of an interdisciplinary intro to psych/intro to American history class. Ran two lab sections on Fridays.

Supervisor: Dr. Thomas R. Brooks

Graduate Assistant for Dr. Lara Heflin

Fall 2022

Responsibilities: Ran an extracurricular neuroanatomy tutorial using sheep brain dissections. PI for EEG study investigating chronic cannabis use and stress responses on emotional Stroop task. Acquired new EEG equipment. Managed lab inventory, including consumables and equipment.

Rio Grande Sun

City Reporter

Aug 2020 - May 2021

Responsibilities: Covered city politics, council meetings, local events.

Santa Fe Reporter

Calendar Editor, Copy Editor, Culture Contributor

Aug 2019 - March 2020

Responsibilities: Community event calendar management for both online and print presentation, copyediting, culture writing. Focus on restaurant reviews, food writing, and gallery openings.

Editorial Intern

Sept 2015 - March 2016

Responsibilities: Editorial tasks, content creation.

Breakthrough Santa Fe

Tutor

Sept 2018 - May 2019

Responsibilities: Regular one-on-one tutoring for at-risk and disadvantaged high school students.

St. John's College

Assistant Editor, The Moon (student newspaper)

Jan 2016 - May 2016

Responsibilities: Responsible for the quality of layout, graphic design, and content curation. Engaged personally with writers to offer support, supervised non-editorial assistant staff. Conducted meetings with contributors for editing and made material ready for publication. Copyediting.

Administrative Assistant to Student Life Office

First Semester 2016

Responsibilities: Administrative tasks, student assistance.

OTHER WORK EXPERIENCE

Server, Bartender, Bar Castañeda <i>Las Vegas, NM</i>	June 2023 - Nov. 2023
Barista, Stella's Cafe <i>Las Vegas, NM</i>	Nov 2022 - June 2023
Server, Bartender, The Skillet <i>Las Vegas, NM</i>	Sept 2021 - Nov 2022
Barista, Atalaya Cafe <i>Santa Fe, NM</i>	May 2019 - Aug 2019
Barista, Capitol Coffee Company <i>Santa Fe, NM</i>	Fall 2017 - June 2018
Backcountry Counselor, Philmont Scout Ranch <i>Cimarron, NM</i>	Summer 2016
Outfitting Services, Philmont Scout Ranch <i>Cimarron, NM</i>	Summer 2015
Barista, Starbucks <i>Des Moines, IA</i>	2013-2015

Research Experience

Book Chapter

Reysen, S., Brooks, T. R., Rehbein, C., Plante, C. N., Roberts, S. E., Gerbasi, K. C., & Joshi, R. (n.d.). Need for power, transhumanism, and gender differences in preference for isekai anime. In M. Cserkits (Ed.), *Explaining isekai*.
Accepted.

Article Under Review

Brooks, T. R., Rehbein, C., Reysen, S., Plante, C. N., Roberts, S. E., & Tague, A. M. (n.d.). "Don't be too proud of this technological terror you've constructed:" the influence of gender and in-group identification on transhumanist orientation.
Submitted for publication with *Journal for Religion, Film and Media*

Articles Under Preparation

Rehbein, C., & Brooks, T. R. (n.d.). Changes in desired outcomes for trans behavioral health care, 1963-2022: A systematic review.
Manuscript under preparation for *Behaviour Research and Therapy*

Rehbein, C., Brooks, T. R., Reysen, S., Plante, C. N., Roberts, S. E., & Tague, A. M. (n.d.). Gender and global economics as predictors of transhumanist orientation.
Manuscript under preparation for *Fast Capitalism*

Presentations and Lectures

Carreon Gallegos, E. L., Brooks, T. R., & Rehbein, C. (2023). *Gender and in-group identification: Exploring the influence on transhumanist orientation*.
Oral presentation accepted at the 2023 annual conference for the Pop Culture Association of the South, New Orleans, LA

Rehbein, C. (2022). *Guest lecture: Introduction to clinical psychology, diagnosis, and the DSM.*
For Dr. Thomas R. Brooks' undergraduate Intro to Psychology class

Rehbein, C. (2023). *Guest lectures: Radical behaviorism and cognitive science, i & II.*
For Dr. Thomas R. Brooks' graduate Memory and Cognition class

Rehbein, C., & Brooks, T. R. (2023a). *Changes in desired outcomes for trans behavioral health care, 1963-2022, or; why we stopped shocking trans people: A systematic review.*
Presented at the Southwest Psychological Association conference in Dallas, Texas

Rehbein, C., & Brooks, T. R. (2023b). *Changes in desired outcomes for trans behavioral health care, 1963-2022: A systematic review.*
Presented at the NMHU Women's and Gender Studies Brownbag Lecture Series

Posters

Rehbein, C. (2023). *Changes in desired outcomes for trans behavioral health care, 1963-2022, or; why we stopped shocking trans people: A systematic review.*
Presented at the Rocky Mountain Psychological Association conference in Albuquerque, NM

Leadership and Volunteer Experience

New Mexico Highlands University

Psychology Department

Graduate Liaison Psychology Department Fall 2023

Psi Chi Honor Society

President 2022-2024

Associated Students of New Mexico Highlands University

Vice President & President Pro-Tempore 2022-2023

Campus Advisory Committee on Finance

Graduate Representative 2022-2023

Walk the Talk Santa Fe

Co-founder Summer 2020

St. John's College, Santa Fe

Polity (SJC student government)

Voting Member 2016-2019

Student Committee on Instruction

Scouting, BSA

Eagle Scout

2015

Skills and Professional Development

Conversational Spanish, B1 level

Five years of formal study and a decade of light immersion in New Mexico's Spanish-speaking communities, with particular focus on New Mexico's specific dialect and vocabulary, and the historical/social context around Spanish language use in the state.

Multicultural Competence

Demonstrated cultural awareness and competence in diverse clinical settings with a focus on New Mexican populations, including Hispanic, Latinx, Indigenous, and immigrant communities. Additionally experienced in working with LGBTQ+ populations.

Relevant coursework: Multicultural Therapy

Statistical Analysis with R

Competent in data manipulation, analysis, and visualization using R software.

2-day workshop attended in November 2022.

Technical Publishing

Experienced in developing Quarto documents for technical and academic publishing.

Most class assignments, papers, and thesis written in Quarto markdown and rendered to docx or pdf.

Third-Wave Behavioral Therapies (ACT)

Clinical training in mindfulness-based CBT and ACT, experienced in patient assessment and treatment planning.

Relevant coursework: Intro to Counseling, Group Therapy, Multicultural Therapy, Behavior Therapy and Assessment

Psychological Assessment

Skilled in conducting cognitive, neuropsychological, and intelligence tests as part of clinical intakes and treatment planning.

Relevant coursework: Neuropsychological Assessment, IQ Assessment, Behavior Therapy and Assessment

Conflict De-Escalation

Work at NMBHI including 1-day training in Conflict Prevention Institute's Nonviolent Crisis Intervention.

Leadership and Governance

Experienced in student governance, community organizing, and leading academic societies.

Copyediting and Journalism

Strong background in editorial roles, including copyediting and culture writing.

Public Speaking and Presentation

Experienced in presenting research findings at academic conferences.

Project Management

Track record of successfully managing and completing academic and journalistic projects.